



Schedule for Egg Frozen

Visiting clinic on
Day 1-3 of the
Menstrual cycle

★ **Depending on your blood/** echo test results and your ages, an ovarian stimulation protocol is selected. Except short/ Long protocols, it is possible to have an ovarian stimulation every month depending on your blood tests and ovarian conditions. The short/ Long protocols is recommended to the egg frozen case.

Ovarian Stimulation Protocols

| | Natural/ Minimal | Mild | Short/ Long |
|--------------------------------------|------------------------------|----------------------------------|----------------------------|
| Previous cycle | None | None | Short: None Long: Spray |
| Medicines | 5 days from Day 3 | 5 days from Day 3 | None |
| Injections | None | Every other day From day 3 | Everyday |
| Before 2 days of oocyte retrieval | Nasal spray or Injections | Nasal spray or Injections | Injections |

In some case,
An appointment is
necessary for Injections



Day 8-10 of cycle

★ **Ultrasound and Blood Tests**

If your follicle sizes or blood hormone levels have not reached to the levels that we expect prior to ovulation, additional tests will be performed in a few days. Depending on your test results, the date of oocyte retrieval is determined.



You will need to inject yourself on 2 days before oocyte retrieval for a trigger injection.

Oocyte Retrieval

Visiting Clinic at 7:30-7:50 a.m.

You might go home after 9:00 if a local anesthesia was used, or 10:00 if a general anesthesia was used. You can chose.



After oocyte retrieval, we will tell you the number of retrieved eggs. We will also check your ovarian condition.

A few days after
Oocyte Retrieval

Confirmation of bleeding in the abdominal cavity

When many eggs are collected, you may feel abdominal pain and abdominal tension. It is called ovarian hyperstimulation syndrome (OHSS).

If OHSS will get worsens, hospitalization may be required.



Since it takes about **60 minutes** for a blood test, please come to visit **by 11:30** for a morning appointment or **18:00** (**16:00** only on Saturday) for an evening appointment.

If you want to have injections in the other clinic, please contact with your clinic before the stimulation is scheduled. We need to know the formal name of your clinic in order to write a medical referral letter.