



# **IUI**

Costs

- You can not use health insurance for IUI. It is necessary for your husband to take an infectious diseases test in advance of IUI. (only one time.)
- Cancelation of the appointment on the day of IUI is charged as for any reason; since semen wash is prepared on the day before IUI.
- The cost of treatment is subject to change without notice.

- Appointments An appointment is required for IUI. You can not have IUI if you visit our clinic without making an IUI appointment.
  - Appointment time schedule.

From Monday to Saturday 10:00, 10:30, 11:00, 11:30, 12:00, 15:00, 15:30, 16:00, 16:30

- PLEASE KEEP THE TIME. If you are late, we will shorten the time of semen wash.
- Please call us when you are late. In case you are 30 minutes late without contacting us, we may cancel your appointment.

NOTES

- If it is the Ist time of IUI, please fill in a "consent to treatment" and submit it on the appointed day.
- A period of abstinence from sex and masturbation should be more than 2 days (48 hours) and less than 7days.
- Collect your semen at the place where you can bring it to our clinic in 7 hours.
- Collect your semen by masturbating and ejaculating into a sterile container. DO NOT USE CONDOM; it affects sperm mortality.
- Bring your semen by keeping it as close to body temperature as possible. You may need to pay more attention in winter.
- Please make sure 2 stickers are attached to your container and these indicate the following information.

Sticker on side: Printed ID & Name of wife

Sticker on top: Please write your husband's ID & full name (katakana)

and time of semen collection





#### Flows of AIH

## **Visiting Clinic** Reception

- Please visit our clinic <u>20 minutes before</u> the appointed time for semen collection at home,.
- Please keep the time .If you are late please call us.

#### Submission

- Please submit your semen by yourself. A reception staff will lead you to the room of submission.
- It will take about I hour for semen wash. You may go out or stay at our clinic.

### Medical Examination

• Doctor explains the result of semen analysis.



• Please be sure to hold your urine before IUI.

• Please wait near the reception desk when you are being called.

- After IUI Irritation during medical examination sometimes causes a small amount of bleeding; there is no need to worry about it.
  - On the day of IUI do not take a bath, take a shower.
  - Please live the same as usual.