



## Semen Analysis

Costs

If you have Japanese national health insurance, you can use it for semen analysis. Please be sure to bring your husband's health insurance card otherwise you will have to

pay the whole cost.

The expense will be around 2,000 yen +tax including first / subsequent visit(s) fee and semen analysis fee.

- Appointments An appointment is required for semen analysis. You can not have semen analysis if you visit our clinic without making a semen analysis appointment.
  - Appointment time schedule

From Monday to Saturday 10:00, 10:30, 11:00, 11:30, 12:00, 15:00, 15:30, 16:00, 16:30 until 12:00 on Thursday until 15:30 on Saturday

• Please call or visit our reception desk for making a semen analysis appointment.

Phone Number for semen analysis appointments: 0467-50-0112. Reception hours: From 12:00 to 14:30 on Mon, Tue, Wed, Fri, Sat. Reception desk closes on Thu and Sun.

- O It is hard to make an appointment on Saturday since many patients want to have analysis on Saturday. Please make an appointment earlier if you want to have semen analysis on Saturday.
- If you want to have male infertility counseling and semen analysis on the same day, please make sure to have both appointments.

**NOTES** 

- Do not have semen analysis during an ovulation period.
- A period of abstinence from sex and masturbation should be more than 2 days (48 hours) and less than 7days.
- Collect your semen at your home within 7hour of your appointment time and bring it to our clinic.





- Collect your semen by masturbating and ejaculating into a sterile container.
  DO NOT USE CONDOM; it affects sperm motility.
- Bring your semen by keeping it as close to body temperature as possible.
  You may need to pay more attention in winter.
- Please make sure 2 stickers are attached to your container and these indicate the following information.

Sticker on side: Printed ID & Name of wife

Sticker on top: Please write your husband's ID & full name and time of semen collection

## Flows of Semen Analysis

