

# Sperm Freezing

## Patient Information

### 1. Costs

You can not use health insurance for sperm freezing. It is necessary for your husband to take an infectious diseases test in advance of sperm freezing (only one time.)

The storage period of sperm is 1 year. If you want to store your sperm more than 1 year, you need to renew sperm storage contract. Cancellation of the appointment on the day of sperm freezing is charged as for any reason; medium for semen wash is prepared on the day before sperm freezing.

Infected Diseases Test: about 20,000 yen + tax Sperm Freezing: about 30,000 yen + tax (+ about 2,500 yen + tax / additional vial) Storage Renewal Fees: about 30,000 yen + tax / year Cancellation Fee on the appointed day: about 2,500 yen + tax
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### 2. Appointments

- 1) An appointment is required for sperm freezing.  
You can not have sperm freezing if you visit our clinic without making a sperm freezing appointment.

- 2) Appointment time schedule

From Monday to Saturday 10:00, 10:30, 11:00, 11:30, 12:00
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- 3) Please call or visit our reception desk for making a sperm freezing appointment by 4pm the day before your preferred appointment date.

Phone Number for sperm freezing appointments: 0467-50-0112. Reception hours: From 12:00 to 14:30 on Mon, Tue, Wed, Fri, Sat. Reception desk closes on Thu and Sun.
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Appointments can not be made by using PC, mobile site, and telephone booking system.

- 4) It is hard to make an appointment on Saturday since many patients want to freeze their sperm on Saturday. Please make an appointment earlier if you want to have sperm freezing on Saturday.
- 5) If you want to have male infertility counseling and sperm freezing on the same day, please make sure to have both appointments

### 3. NOTES

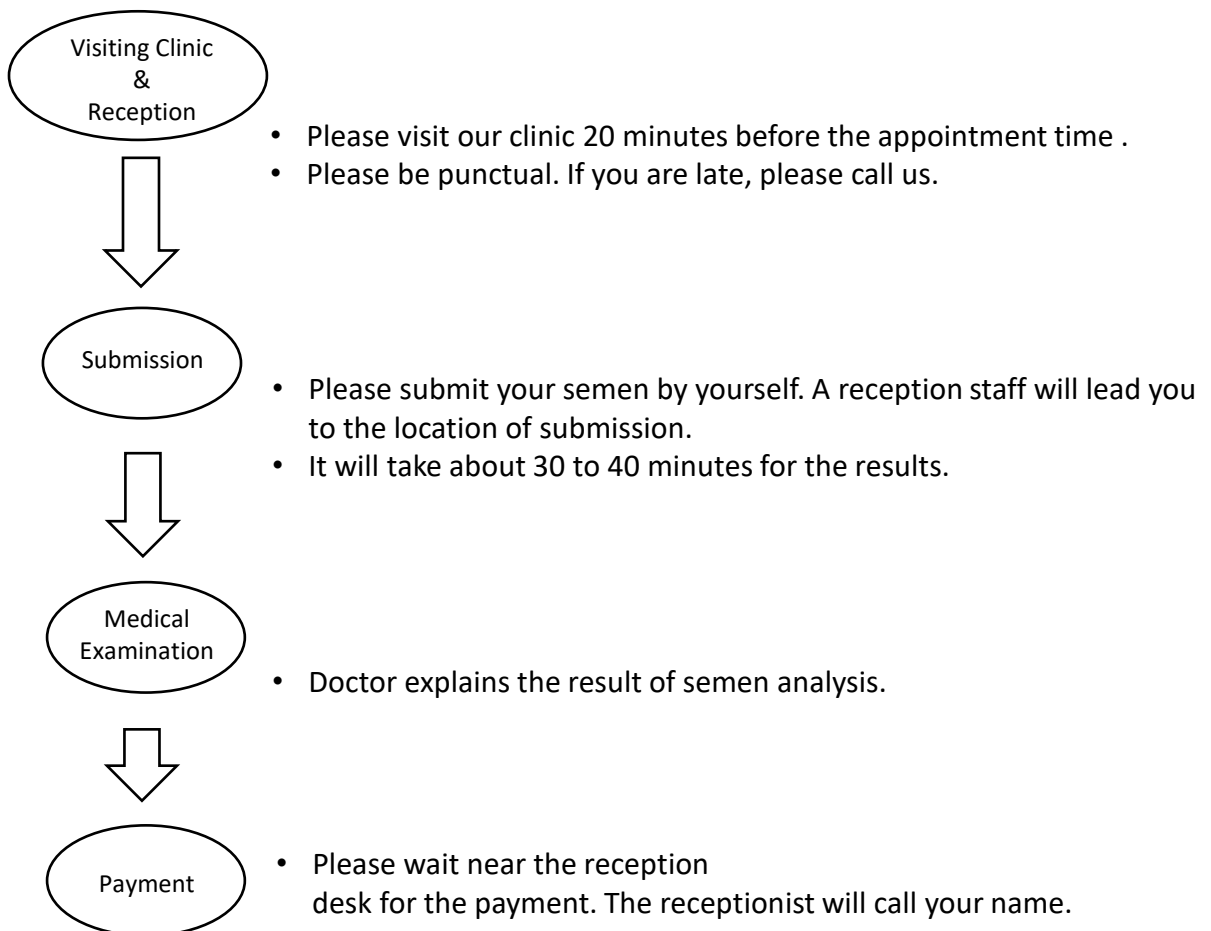
- 1) Do not have sperm freezing during an ovulation period.
- 2) Please fill in a "consent to treatment" and submit it on the appointed day.
- 3) A period of abstinence from sex and masturbation should be more than 2 days (48 hours) and less than 7 days.

- 4) Collect your semen at your home within 7 hours of your appointment time and bring it to our clinic.
- 5) Collect your semen by masturbating and ejaculating into a sterile container. DO NOT USE CONDOM; it affects sperm mortality.
- 6) Bring your semen by keeping it as close to body temperature as possible. You may need to pay more attention in winter.
- 7) Please make sure 2 stickers are attached to your container and these indicate the following information.

Sticker on side: Printed ID & Name of wife ( Lined sticker)  
Sticker on top: Please write your husband's ID & full name and time of semen collection

- 8) The number of vials used for AIH is 1. IVF is several in general, your egg will be fertilized by ICSI for IVF.

## 4. Flows of Sperm Freezing



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