



Schedule for IVF

Depending on your blood/ echo test results and your ages, an ovarian stimulation protocol is selected. Except short/ Long protocols, it is possible to have an ovarian stimulation every month depending on your blood tests and ovarian conditions.

Ovarian Stimulation Protocols

	Natural/ Minimal	Mild	Short/ Long
Previous cycle	None	None	Short: None Long: Spray
Medicines	5 days from Day 3	5 days from Day 3	None
Injections	None	Every other day From day 3	Everyday
Before 2 days of oocyte retrieval	Nasal spray or Injections	Nasal spray or Injections	Injections

Visiting clinic
on
Day 1-3 of the
Menstrual cycle

An appointment is
necessary for Injections
or
Self injection

Day 8-10 of
cycle

Echo or Blood Tests

If your follicle sizes or blood hormone levels have not reached to the levels that we expect prior to ovulation, additional tests will be performed in a few days. Depending on your test results, the date of oocyte retrieval is determined.

You will need to visit our clinic at 21:00 in the 2 days before oocyte retrieval for a trigger injection. Otherwise, you will use a nasal spray or Self injection .

Oocyte Retrieval

Visiting Clinic at 7:30-8:00 a.m.

Please bring semen which is collected in the morning with you. If you want to use a private room for semen collection, please ask us to make an appointment. You might go home after 9:00 if a local anesthesia was used, or 10:00 if an intravenous anesthesia was used. After oocyte retrieval, we will tell you the number of retrieved eggs and explain the results of semen tests, so that we can decide the best fertilization method for you. We will also check your endometrium and ovary in order to determine whether fresh embryo transfer is performed or not.

1 or 2 day(s) after
Oocyte Retrieval

Explanations of Fertilization Results

The date of embryo transfer or cryopreservation will be determined depending on your request for incubation period (3 or 5 days). Please read IVF instructions again.

Embryo Transfer


Embryo Cryopreservation

Visiting Clinic at 14:00 Going Home at 15:00
(Thursday's visiting time: 13:00)
Once or twice visit(s) will be necessary for injections.


We will give you explanations for eggs' qualities and as to whether cryopreservation is performed.

Pregnancy Test

Urine and Blood Tests

 Since it takes about **60 minutes** for a blood test, please come to visit **by 11:30** for a morning appointment or **18:00 (16:00 only on Saturday)** for an evening appointment.

If you want to have injections in the other clinic, please contact with your clinic before IVF is scheduled. We need to know the formal name of your clinic in order to write a medical referral letter.

 You and your partner are recommended to discuss about incubation periods of your eggs. Please choose "3days" or "5 days" for it before fertilization results are explained.